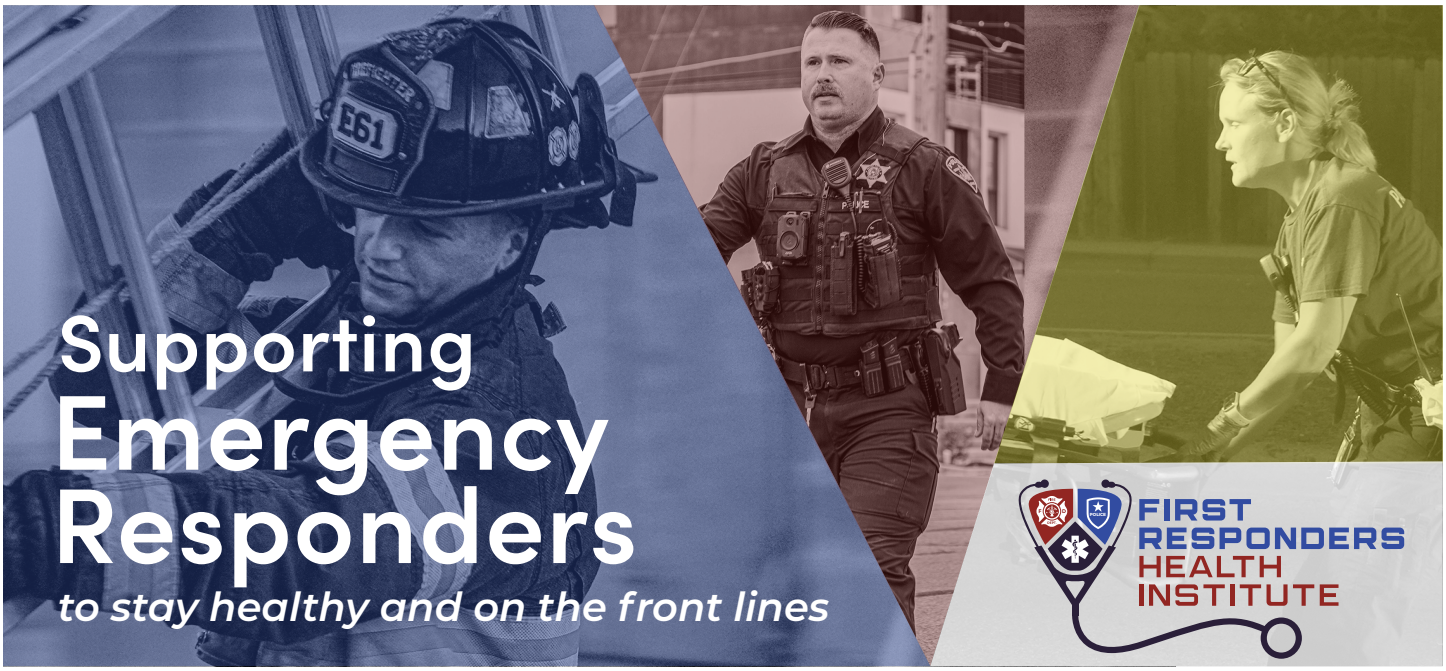


Supporting Emergency Responders

to stay healthy and on the front lines

FIRST RESPONDERS HEALTH INSTITUTE

Public Service. Personal Sacrifice.

Beyond burning buildings and bullets, first responders face numerous health and safety threats in the line of duty:

- Disabling injuries
- Increased risk of heart disease & cancer
- Psychological trauma
- Exposure to toxins & infectious diseases

Our Purpose

Our mission is to optimize wellness, longevity, occupational health, and performance among emergency response personnel by supporting:

- **INFORMATION:** Wellness education & outreach
- **INNOVATION:** Specialized medical & mental health services
- **INQUIRY:** Health & fitness research

Our Projects & Partnerships

We work with leading clinical experts to link first responders to customized care that measures up to their career demands:

- Comprehensive cardiac & cancer screening*
- Mental health outreach & resources
- Duty-relevant mental health counseling
- Skin cancer awareness & early detection

And more. Visit us online for program updates.

*Learn more about how the FRHI ***Front Line Care Fund*** helps to connect first responders to cutting-edge health initiatives: frhi.org/frontlinecare_fund

ADVANCING TOTAL WELLNESS

— On and Off duty —

- Firefighters
- Law Enforcement Officers
- Paramedics
- Allied Public Safety Professionals



Get to know us: frhi.org

SUPPORT THE CALL!

frhi.org/donate-now