



# Platelet Rich Plasma (PRP)

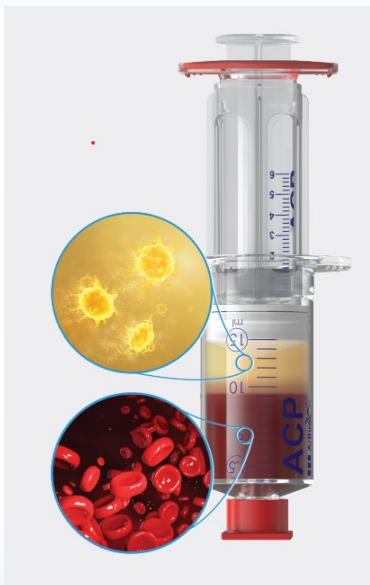
*A non-surgical option for chronic musculoskeletal conditions*

We are pleased to announce that Emergency Responders Health Center is now offering Platelet-Rich Plasma (PRP) therapy as an additional therapeutic option for the management of chronic musculoskeletal conditions.

Platelet-Rich Plasma (PRP) therapy is an innovative treatment that utilizes the body's own healing mechanisms to address various musculoskeletal conditions. By concentrating platelets from the patient's blood and injecting them into injured areas, PRP aims to accelerate healing and provide relief from pain.

## How PRP Works

PRP therapy involves drawing a small amount of the patient's blood, processing it to concentrate the platelets, and injecting this platelet-rich concentrate into the affected area. Platelets are rich in growth factors that are essential for healing injuries. When injected, these growth factors promote tissue repair, reduce inflammation, and enhance the body's natural healing processes.



## Conditions Treated with PRP

**Tendon Injuries** - PRP is effective in treating chronic tendon injuries such as tennis elbow, Achilles tendonitis, and rotator cuff tears.

**Ligament Sprains** - It can aid in the recovery of ligament sprains and tears, including those in the knee (ACL, MCL) and ankle.

**Joint Pain and Arthritis** - PRP can alleviate pain and improve function in joints affected by osteoarthritis, particularly in the knees and hips.

**Muscle Injuries** - Athletes and active individuals benefit from PRP for muscle strains and tears, speeding up recovery and return to activity.

## Pricing

**ERHC Plan Members: \$400** (Including PRP procedure, consultation, and Xrays) >50% discount to our members

**Non-ERHC Plan Members: \$600** per PRP kit with procedure plus consultation appointment and imaging billed as appropriate to patient's medical insurance.



## Is PRP is appropriate for your condition?

**Schedule a Consultation:** To determine if PRP therapy is appropriate for your condition, please contact our clinic to schedule a consultation. Our medical team will evaluate your diagnosis and discuss the potential benefits of PRP therapy for your specific needs.

**Personalized Treatment Plan:** Based on your consultation, we will develop a personalized treatment plan designed to address your unique health concerns and promote optimal healing and recovery.

## Contact Us

**Emergency Responders Health Center**

9976 W. Emerald St.

Boise, ID 83704

(208) 229-3742 (ERHC)